

# OBSESSION AND DISOBSESSION

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- The Gospel According to Spiritism, Allan Kardec, Chapter 28, item 81



### What is **Obsession?**

The negative persistent action which a less evolved spirit exercises over an individual<sup>1</sup>



### Who is the obsessor?

The obsessor is someone who is disturbed due to sufferings and deceptions likely caused by the obsessed individual<sup>2</sup>

# Causes of Obsession

Moral imperfections of both obsessing and obsessed individuals who have had a relationship in this or a past reincarnation and have their minds still tuned to one another in an emotional state characterized by dispositions such as:



# **Dynamics of Obsession**<sup>5</sup>



DISCARNATE DISCARNATE



INCARNATE → DISCARNATE



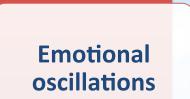


**RECIPROCAL OBSESSION** 



**SELF-OBSESSION** 

### SIGNS OF OBSESSION



Mental coercion that dominates the

**Involuntary** behaviors

**Persistent** negativity **Excessive pride** 

**Ideas** of grandiosity

**Irritability** 

# Simple

 When (incarnate or discarnate) spirits attach themselves to those who solicit them with their desires, or who attract them with their thoughts<sup>3</sup>.



### **Fascination**

• When a malicious (incarnate or discarnate) spirit exerts such a powerful influence upon individuals that it paralyzes their judgment<sup>4</sup>.



# Subjugation

 When a malicious (incarnate or discarnate) spirit paralyzes the will of individuals making them act in spite of themselves. Subjugation may be moral or corporeal<sup>4</sup>.

# Disobsession: Treatment for Obsession

### **Inner Transformation**

• Inner transformation promotes a positive attitude and, thus, fortifies the soul<sup>8</sup>.

# Passes & Spiritually Magnetized Water

• Passes and spiritually magnetized water help to remove the unhealthy fluids (energies) that envelope the obsessed individual<sup>8</sup>.

# **Counseling the Obsessor**

• It is necessary to counsel the obsessing spirit to renounce his unhealthy designs; to awaken with him a desire to do good, and true repentance, by the aid of cleverly directed instructions<sup>8</sup>.

# **Obsession Aftermath**

# Mental and/or physical disorders

These do not originate in any physiological pathology, but come from suffering entities exerting influence on certain individuals, causing the appearance of mental and/or physical disease<sup>7</sup>.

# **Preventing Obsession**





# **Disobsession Meetings**



Preparation **Punctuality** 

> Opening and Closing **Prayers**

**Spirit Manifestation** 

**Spirit Counseling** Passes

these specialized Spiritist meetings will reincarnate in better moral conditions and be able to count on stronger inner resources<sup>10</sup>

The entities that are

enlightened during

