

OBSESSION AND DISOBSESSION

References

1. The Gospel According to Spiritism, Allan Kardec, Chapter 28, item 81.
2. Obsessao e Desobsessao, Suely C. Schubert, Chapter 13.
3. The Spirits' Book, Allan Kardec, Q/A 467.
4. The Mediums' Book, Allan Kardec, item 239-240.
5. Obsessao e Desobsessao, Suely C. Schubert, Chapter 5.
6. Posthumous Work, Allan Kardec, item 58.
7. Introduction to the Spiritist Philosophy, Allan Kardec, page 76.
8. Genesis, Allan Kardec, Chapter 14, item 46.
9. Disobsession, Andre Luiz/Francisco Xavier,



What is Obsession ?

The negative persistent action which a less evolved spirit exercises over an individual¹.



Who is the obsessor?

The obsessor is someone who is disturbed due to sufferings and deceptions likely caused by the obsessed individual².

Causes of Obsession

Moral imperfections of both obsessing and obsessed individuals who have had a relationship in this or a past reincarnation and have their minds still tuned to one another in an emotional state characterized by dispositions such as:

HATRED

VENGEANCE

ADDICTIONS

MORAL
WEAKNESS

SELFISHNESS

JEALOUSY

ATTACHMENT

Dynamics of Obsession⁵



INCARNATE → INCARNATE



DISCARNATE → DISCARNATE



INCARNATE → DISCARNATE



DISCARNATE → INCARNATE



RECIPROCAL OBSESSION



SELF-OBSESSION

SIGNS OF OBSESSION

Emotional
oscillations

Mental
coercion that
dominates the
will

Involuntary
behaviors

Persistent
negativity

Excessive pride

Ideas of
grandiosity

Irritability

Types of Obsession



Simple

- When (incarnate or discarnate) spirits attach themselves to those who solicit them with their desires, or who attract them with their thoughts³.



Fascination

- When a malicious (incarnate or discarnate) spirit exerts such a powerful influence upon individuals that it paralyzes their judgment⁴.



Subjugation

- When a malicious (incarnate or discarnate) spirit paralyzes the will of individuals making them act in spite of themselves. Subjugation may be moral or corporeal⁴.

Disobsession: Treatment for Obsession

Inner Transformation

- Inner transformation promotes a positive attitude and, thus, fortifies the soul⁸.

Passes & Spiritually Magnetized Water

- Passes and spiritually magnetized water help to remove the unhealthy fluids (energies) that envelope the obsessed individual⁸.

Counseling the Obsessor

- It is necessary to counsel the obsessing spirit to renounce his unhealthy designs; to awaken with him a desire to do good, and true repentance, by the aid of cleverly directed instructions⁸.

Obsession Aftermath



Mental and/or physical disorders

These do not originate in any physiological pathology, but come from suffering entities exerting influence on certain individuals, causing the appearance of mental and/or physical disease⁷.

Preventing Obsession



Practice of
Charity
(Love in Action)

Inner
transformation



Disobsession Meetings



LOCATION:
Spiritist Center



REQUIREMENTS:
Training
Mediumistic
Team

MEETING DAY⁹:

Preparation
Punctuality
Opening and Closing
Prayers
Spirit Manifestation
Spirit Counseling
Passes

OUTCOME

The entities that are enlightened during these specialized Spiritist meetings will reincarnate in better moral conditions and be able to count on stronger inner resources¹⁰